Jeff Jost has always had a heart and mind for helping others. For many years he has dedicated his time, talent and treasure to helping unseen folks in need throughout whatever community he has belonged to while representing Alcoa and its spinoff company, Arconic. Originally from Evansville, Indiana, he now makes his home in Knoxville, Tennessee, where he hopes to finish his career — and where his giving nature has found deep purchase as a Big Brother to a troubled youth named Dustin Henderlight. For the past two summers, Dustin has attended Christian summer camp experience through LMM’s Come To The Water initiative in east Tennessee. This summer, Dustin was one of 36 youth who participated in the Nite Owls camp at Lutheridge near Asheville, North Carolina. In the greater Knoxville area, Come To The Water raises funds, and then solicits nominations of students from area schools, to send kids to camp who because of life circumstance otherwise would never have a chance. Dustin was one of those kids, and Jeff Jost was there to root for him, shepherd him — mentor him. And he continues to be there as this boy makes his way to adulthood.

How was Dustin selected for Come To The Water?

He got in through the Big Brothers/Big Sisters program. We’ve been close for five years. I got him at a pretty young age, and we’ve developed a strong relationship. Come To The Water was offered through Big Brothers/Big Sisters;
Pillars of Faith

“You then, my child, be strong in the grace that is in Christ Jesus; and what you have heard from me through many witnesses entrust to faithful people who will be able to teach others as well.” —2 Timothy 2:2

Preparing for a fall bible study at my local church, I recently began rereading the New Testament from Mark 1:1 through Revelation 22:21. One of the questions we have been asking is: “what stands out to you?” Personally, I have been drawn to the theme of mentorship. The New Testament is full of examples of Christians opening and sharing their lives with others; individuals who poured out their experience, knowledge and wisdom upon another. From Jesus and his disciples, Elizabeth mentoring her cousin Mary, Barnabas mentoring Paul and John Mark, and Paul in turn mentoring Timothy. The scriptures are full of individuals passing on their faith.

Throughout my life I have been blessed to have bold, daring men who have taken me under their wings and mentored me in life and faith. They shared their successes and failures, teaching me the lessons that they had learned. Along the way I saw what it meant to be a mature man of God through witnessing their lives, how they lived their faith daily. Later, as I went through high school, college and eventually seminary, God continued to place men in my life to continue to shape me into the man He planned for me to be. Through even today, God has continued to grace my life with mentors who continue to inspire and educate me in new and inspired ways.

Inspired by these pillars of faith, I have come to believe that the blessings, lessons, and experience God gives us are meant to be shared. The direct result of this belief is that I have been mentoring others since high school. Mentoring, sharing what I have learned, has opened new and unexpected worlds to me. For even as I invite individuals into my life and share what I have learned, God provides me with new insights, and I find myself receiving as much as I am giving. It is the great secret of mentoring; no matter how much you share and invest, you receive blessings back tenfold.

I have two questions for each of you today: What has God blessed you with that He wants you to pass on? And, Who could/should you mentor? As you reflect on these questions open your heart to God’s leading. You never know where God will lead you or how you may be blessed by simply saying, “Here I am God, what do you want me to do!” You may be surprised by His answer. I look forward to hearing what God has in store for you.

I’m in! Are you?

In the Power of the Spirit, God bless!

John Sundquist, Executive Director, Lutheran Men in Mission
john@lutheranmeninmission.org      John.Sundquist@elca.org
I was on the board of directors and always in the loop on different programs that would come our way. It was a great opportunity for Dustin, who hasn’t been afforded many luxuries in life. He’s a very faithful Christian, a very deep faith, and throughout all his trials and tribulations, just one amazing young man. Come To The Water has given him the opportunity to go have some fun in a really Christian-based environment — engaging with others, the spiritual aspect, the community aspect, and being able to do things he normally wouldn’t be able to do. It’s been a great program for him.

And he’s been raised by his great-grandmother?

Yes, unbelievably so. There’s an angel in his family, fortunately — one of a very few in a family fraught with dysfunction. Dustin’s mother has only seen him one time in our relationship, so it’s been four years since he had contact with her. The grandmother just died. There’s just been a long history of unhealthy behavior throughout the whole family chain.

Somehow Mary Ellen is the angel in all of that. She’s taken Dustin underneath her wing. She’s 76 years old now, and worries every day about him. She worries about her age. We had a heart-to-heart at his cross-country meet last week, and she said, “Jeff, I’m just worn out, I’m worrying about my health, worry about Dustin.” But she’s strong, too — Dustin keeps her young.

I told her, “I’m always going to be there for Dustin. If the unfortunate thing happens, he’s going to be OK.”

But I don’t see that happening, she’s too tough a lady. She’s got a deep faith also.

It’s amazing, some of the situations people get themselves into, but not by their choosing. Dustin didn’t want this. But there’s a great blessing in Mary Ellen. He got straight A’s last year, was in the honor society; he’s a captain on the cross-country team — and everyone around him in his family is either in jail or on drugs. So he’s a miracle.
What has your relationship with him, as a kid whose future is brighter than it could have been...how has it affected you?

I’ve always been active in the community. For some reason I’ve been really blessed in my life, and there are others who are less fortunate. I was involved in the Boys & Girls Club in Georgia, helping down there, and this program here — I was inspired by my son, who’s a Big Brother at the University of Georgia. I said, “That’s one that I can help with.”

With any of these, you get more out of it than you put in it. Dustin keeps me young, too. My kids are gone, I’m an empty nester now. My last one is in college. So he keeps me young. Playing basketball is his favorite thing to do with me, so I’ve gone from just jogging around on the court to panting pretty hard after about 15 minutes, putting it all in to try and beat the kid. I’m connected to that generation. He means a lot to us; he’s another extension of our family. I go to his cross-country meets; he’s a competitor, I’m a competitor, so it’s fun.

Seeing people be successful, and helping people along that journey, just means a lot, whether I’m in business or a community leadership role. To see him grow and flourish, and know I had a small part in that, feels pretty good.

He’s given me youth, keeps me going, gives me new purpose in life. And we maintain connections, texting back and forth a couple times a week. Now that he’s studying math, my wife is a math tutor so he’s afforded that benefit, access to her for the tough algebra problems. We’re maintaining a very strong relationship."

Any moments with him to just talk about faith?

That’s been his saving grace. He loves Jesus, and will go to the after-hours service on Sunday and on Wednesday. He has a deep faith. It helps him get through the struggles of, “Why am I different?”

We haven’t had deep conversations regarding his family challenges. I’ve broached it a couple times and he just avoids the issue. I’m not going to push it. He’s like, “Jeff, I don’t want to be stressful, I just want to have a good time when I’m with you.” He reads the Bible, says it’s his favorite book. So the strength of his faith outweighs the burden of the unfortunate situation his parents have put him in. He’s well adjusted because of his faith—and Mary Ellen.”

You see God working in ways that may not be readily apparent, through someone like him who’s had so many strikes against him.

To think he has straight A’s, is so much fun to be around, he’s popular, other people like to be around him — it’s amazing.

But he still has challenges ahead of him. We talk about what’s in his genes. “You’re gonna have some pressures growing up. There’s disease in your family genes, abuse and addiction. So you’re going to be sensitive to that and need to be extra cautious — you’ve seen what it’s done to your family.”

So that’s one thing we’ve been very open about.
Three Men And A Mentorship

by Vic Williams

For where two or three are gathered together unto my name, there am I in the midst of them. —Matt. 18:19-20

On a snowy Advent night some years ago, three guys showed up at my front door. They had braved 7,200-foot Donner Pass in a driving snowstorm, turning what’s usually a two-hour jaunt from Sacramento to Reno into at least twice that, but were determined to make our meeting.

I knew the older gent through the then-pastor at my church, Good Shepherd in Reno. His name was Larry Moeller, and he’d long been a pillar of his Sacramento congregation—who also worshiped as Good Shepherd—the LMM community, the ELCA community and the Christian community at large. He had a passion for mentoring young men, connecting with them through the church’s youth ministry, helping them deepen their faith in any way he could.

The other two guys were just making their way into the world. They were fresh out of high school and looking toward … whatever. Their names were Matt Cournoyer and Josh Shaw, and they came to describe how their weekly lunch meetings with Larry—where he would listen in his soft yet intense way as they expressed their fears and hopes, their spiritual yearnings and disappointments, without fear of judgment—meant so much to them.

We all felt Jesus there, too, in my living room, listening.

The three of us stayed a couple hours, filling me and a fellow “A-Man” from church with the spirit—just talking, sharing, giving.

Clearly the young guys were mentoring us, and Larry, as well. Funny how that works.

As LMM celebrates the power of mentorship, Larry thought it would be a great time to connect me with Matt and Josh by phone, a decade-plus down the road.

Matt went on to serve in the U.S. Army in Germany and North Carolina, where he now lives as a civilian in Winston-Salem, four hours from the Tennessee town where Larry Moeller lives and works. He’s enrolled in grad school, working on an MBA with specialization in human resources. When we talked in September he was hoping to leverage his military background and other work into getting a position with Honda Aircraft Company, based in Greensboro.

After graduating high school, Josh stayed in northern California. He now lives and teaches technology to middle schoolers in Merced, is married and has a young son and daughter.

As LMM celebrates the power of mentorship, Larry thought it would be a great time to connect me with Matt and Josh by phone, a decade-plus down the road.

Both are One Year To Live retreat veterans.

Though it’s been a while since their weekly lunch meetings with Larry ceased, they still keep in touch with him, and were eager to talk about how his spiritual openness and guidance—and his simple “guyness”—has enriched their lives since.

Let’s talk a bit about your history in the Lutheran church. How did you get there?

Matt: My dad left the Catholic church in his mid-20s or even earlier and had little interest in rejoining. My mother grew up Lutheran, so she said she wanted to go back. We ended up visiting Good Shepherd and never went anywhere else. It became our church home.

Mentorship, continued on page 6
The entire grace theology, being free and accepting, based on love and not any rigid expectation, strikes a chord for me. It opened the horizons and channeled my faith into a positive faith.

It’s much less dictatorial for how you live your life, what you should do to be a “good Christian.”

I had known about Larry for years. I got an opportunity right after I graduated from high school to have lunch with him. One of my really good friends, Brandon, who was an up-and-down member of this little mentorship group said, “Hey, I’m having lunch with Larry on Friday,” and he invited me in. It became part of the weekly routine that I grew to cherish.

Josh: Good Shepherd was my home church as a child and I came back. Larry had heard of me from when I had been in high school; we had gone on trips together and things, but I didn’t necessarily remember him. So he reached out, asked if I wanted to go to a Luther Talk at Pacific Lutheran Theological Seminary. I was like, “Yeah.” That was the beginning. Then it turned into, “Hey, do you want to follow up at lunch sometime?” which became the weekly meetings. It evolved from there. That trip was the inflection point.

How has your relationship with Larry, at that crucial time in your lives, carried you forward and helped shape your faith life?

Matt: It was an interesting thing. I had started going to church midway through fifth grade. I changed schools mid-year in a very forceful way. So I started developing what I thought was a foundation of faith. Then I spent time with Larry, Josh and Brandon, and it changed. The way those lunches were structured, the faith stopped being an almost abstract, rigid concept of how to live life, and more of a relaxed, fluid concept of love and acceptance. It really changed how I viewed and went about my faith.

Josh: I was reevaluating a lot of the things I believed and looking to bounce thoughts off other people. That was so important to have that regular, safe time to do that — to have that perspective that he would offer. It’s not something you can get in a lot of places. For me that was invaluable, just huge.

Just having lunch, having a sounding board, where I was safe and removed from my family, was really helpful. It let me explore and talk about things I probably couldn’t talk about with my family. Larry is a phenomenal listener; it’s one of his greatest strengths by far. He’s very insightful as well. Having his follow-up questions would help me look at things from a different perspective.

The friendship of course was also great — that consistency. At that age, life is changing rapidly, and you’re constantly looking at what you’re doing … new jobs, school and everything. It also led to so many new experiences I probably would never have done without his coaxing — speak at events with him, help run things and lead classes, things I would have been less likely to do myself without his encouragement or his affirmation.

How did Larry shape who you became as a Christian?

Matt: One of the things I learned from Larry was that it’s OK for concepts to be soft and moldable — gooey, if you will. They don’t need to be done with such intensity. One thing I’m always striving for in my faith and interactions is: OK, how would Larry approach this situation? He’d take a step back, take a breath, realize it’s not the end of the world. It helps me move through some of these processes without getting too wound up about it.

His influence has been more on my intense personality—I’m an eight on the Enneagram, I need to take apart things and know how they work. But he did a lot to help build a foundation for my faith and what it means to me. It’s not just me and the man upstairs, or me and the dude hanging on the Cross; it’s you, it’s me, it’s the guy to my left, my right, the guy I share a foxhole with. It’s all of that. It’s the homeless guy who needs a place to stay in winter. It’s all of these people.
Having Larry’s influence helped focus that into a broader perspective and let me develop my own notions of faith and what it meant to me.

**Josh:** It’s so special, because my going back to that church was to reconnect with my spirituality. I had drifted, not just spiritually, but from who I was. I wasn’t who I wanted to be. It was a chance for me to re-center. Larry had just gone through a program about mentoring, and it was just meant to be, meant to happen, form a higher power. He had that on his heart, on his mind, and I was looking for that exact thing.

**How do you think you changed, affected or broadened how Larry practices his faith?**

**Matt:** We keep Larry young. When he moved to Tennessee, I had started my military career and Josh had moved to Merced. Suddenly he found there was this void of relationships with younger men — guys who aren’t sitting there talking about what hurts every day. Since he’s been out there he’s started new relationships with young men in Knoxville called Brick and Oak. He gets a few guys together once a month to do something similar to what we did, but I don’t know if it’s quite as intimate or as meaningful. It’s almost like a symposium. They talk, they drink, they talk about their lives, they grow deeper with each other and he grows with them as well. That’s been good for him.

**Josh:** I think generations have obviously very different takes on things, whether it’s social or political. We are from different formative times. So we’d have very interesting conversations about things from different perspectives, and that is one of the best things people can do for themselves. Having that honest kind of conversation changed both of us.

I was never uncomfortable challenging him. That always helped us, to stretch our way of thinking or reconsidering our stance on something, whether personal, like how we dealt with family, or spiritual, like how we read a text or studied the Bible. We’d talk and learn things we probably wouldn’t have otherwise.

**What about your church life now? Involvement with guys in your community?**

**Matt:** I got involved in what we have for men — it’s not a fully formed men’s ministry, but it’s on the list of things to do. We have a monthly men’s event called Wings, where men in the congregation gather in this little restaurant just outside of town and we have a standing order for two hundred wings and two or three pizzas, and we get pitchers of Yuengling, and sit there from early evening until about eight o’clock, just kind of eat and drink and talk, and be in community with one another. I’m the vice-chair of evangelism. It wouldn’t be the same if I hadn’t spent that time with Larry developing who I was, with other men around me.

**Josh, did the mentor relationship with Larry inform the way you teach?**

**Josh:** Absolutely. Me teaching results in part from that relationship. He encouraged me to take a spiritual gifts class at our church; I took it and found out I had gifts for teaching that I didn’t think I had before. I wondered if I’d been disingenuous, had cheated the system to look good. But Larry said, “No, you have these skills!” So I started teaching, leading youth groups, and after I met my wife, I went from counseling to teaching. Larry’s nudge was a huge part of that — not to mention the experience I’ve had just being there for people younger and older. I’ve been on the LMM Youth Ministry Council. It’s always been a part of what I believe. I taught summer school this year and taught a men’s leadership elective — just how to be good men. That was me still carrying that on.

**Do you see yourself doing for others what Larry did for you?**

**Josh:** Absolutely. He officiated at our wedding. He did our wedding counseling that whole year. We check in a couple times a year on Facebook and the phone and he sends letters. We still remain connected.

I’m 33, and I still want somebody older [to talk to], and do it with younger people too. I’m trying to find how to do that. I might end up doing the men’s leadership class for high school students. Also connecting with other churches; after we moved, I couldn’t believe how hard it is to do that. It’s been a difficult ride. I still talk to people, reach out, where the groups are, who’s doing what. It’s important to stay involved.

When I’m Larry’s age, I definitely still want to be available to be a mentor. I would love that. Friendships and relationships—I try to be available to get together pray for each other, have that fellowship. I don’t have what I had before, but it’s something I will look to do.
Get Excited About Being Bold

What a fantastic event and opportunity happened at our Bold Gathering on Saturday, August 24 from the Lutheran Church of Hope in Des Moines, Iowa! Everyone who witnessed the six dynamic and faith-inspired speakers heard topics ranging from “The Love of Money” to “The Greatest Enemy of Bold Living” to “Making Your Marriage a Priority” and three more timely subjects in between. Over 60 men were present at Hope to hear these speakers first-hand and more than 40 individuals and groups from across the entire country joined the Gathering via livestreaming on YouTube. Each of these messages can be seen in full on our Bold Gathering web page (www.boldgathering.com) or by launching the Bold Gathering link on our LMM web page (www.lutheranmeninmission.org).

I was with a group of 10 men at my home church in Hendersonville, North Carolina, and each of us heard these six men boldly proclaim their faith and how it came alive as they spoke from their hearts on their respective topics. Each speaker gave a 20-minute talk and our group in Hendersonville took the opportunity to have a meaningful discussion at the conclusion of each presentation. All of us who saw the Gathering via livestreaming were just as inspired as those who were present in Des Moines. We had never heard how a mosquito can be an instrument of your faith.

The Des Moines Gathering was the third major on-line Bold Gathering that LMM has livestreamed since our last national Gathering during the summer of 2017 in Minneapolis. We plan to conduct these livestreamed Bold Gatherings on a semi-annual basis and our next Bold Gathering will be held at Zion Lutheran Church in San Antonio, Texas on November 9. The theme for the San Antonio Gathering is “Sons of Abraham: How God Uses Us to Be Bold, Daring Men of Faith, Like Abraham.” Please see the feature in this issue for more details. As other speakers are added, alerts will be sent via our LMM Constant Contact messaging service. This information will also be available on both of the LMM the Bold Gathering web pages.

Regional Bold Gathering at Camp Carol Joy Holling, just outside of Omaha, Nebraska, on September 18-20, 2020:

Please plan ahead and join us for this exciting weekend of bold speakers, joy-filled work projects and the opportunity to see your LMM brothers from across the country.

Finally, we have announced a regional Bold Gathering at Camp Carol Joy Holling, just outside of Omaha, Nebraska, on September 18-20, 2020. We will have inspirational speakers at this Gathering, plus the opportunity for all men present to work as a group on several projects designed to enhance the camping experience at Carol Joy Holling. Please plan ahead and join us for this exciting weekend of bold speakers, joy-filled work projects and the opportunity to see your LMM brothers from across the country.

We appreciate the joy and inspiration that these Bold Gatherings have given to all of us. Please consider using any of the previous talks as the basis for your study or discussions at your local or regional LMM meetings. We also appreciate your support and prayers for our ministry as we desire that you get excited about being bold for Jesus Christ.

Your Brother in Christ,

Hal Derrick, President, Lutheran Men in Mission
hal.derrick@lutheranmeninmission.org

All of us who saw the Gathering via livestreaming were just as inspired as those who were present in Des Moines.
Remember The Alamo For Bold Gathering
Next Online Event Slated For November 9

After the success of last year’s first-ever Streaming Bold Gatherings, Lutheran Men In Mission continues to build on the format with a new event. Mark your calendar for Saturday, November 9 and register for a fun, informative and spiritually fulfilling event.

The Bold Gathering’s theme is “Sons Of Abraham: How God Uses Us To Be Bold, Daring Men Of Faith, Like Abraham.”

Similar to past streaming Bold Gatherings in Omaha and Fargo, this Bold Gathering will be streamed live from Zion Lutheran Church in San Antonio, Texas, and feature speakers back-to-back from 11:00 am to 2:00 pm, central time.

Featured speakers include:

**BISHOP ERIK GRONBERG**

Bishop Erik K.J. Gronberg, PhD, serves the Northern Texas–Northern Louisiana Synod. Prior to his election, he served as pastor in Fort Worth, Texas, and Oconomowoc, Wis. He also serves on the Lutheran Men in Mission Board.

A native Texan, he lettered in football at Harvard University and received his bachelor’s degree in Environmental Science and Public Policy. Post-graduation he worked as a consultant in the municipal bond market assisting municipal governments, hospitals, and universities structure and re-structure multimillion-dollar debt financings.

Bishop Gronberg graduated from Luther Seminary in St. Paul, Minn., in 2005 with a Master of Divinity and was ordained in the Evangelical Lutheran Church in America. He earned a PhD in Leadership Studies at Dallas Baptist University in 2017. His area of academic interest is adaptive leadership in crisis.

He currently lives in Fort Worth with his wife, the Rev. Kendra Mohn (Lead Pastor, Trinity, Fort Worth). They have three children: Annika, Greta, and Axel.

**JOHN SUNQUIST**

John Sunquist became the second Executive Director of Lutheran Men In Mission in January 2019. John has held several senior-level positions in the nonprofit sector. He served as Great Plains Representative for American Baptist Foundation from 2009 to 2010, and most recently served for six years as the Director of Advancement and Spiritual Services for American Baptist Homes of the Midwest. As an ordained American Baptist pastor, John was a senior pastor and former youth director in five congregations in three midwestern states from 1992 to 2008.

The son of a pastor, John grew up in Minnesota, Michigan and Ohio before moving to Chicago to attend college. He completed his undergraduate studies in 1990 at North Park University in Chicago and received his Master of Divinity degree from North Park Theological Seminary in 1994. Together with his wife of 27 years, Karen, and their son, Emmett, they currently live in Skokie, Illinois, where they are members of Warrenville Community Church.

**PASTOR TIM WRIGHT**

Tim Wright is the senior and founding pastor of Community of Grace Lutheran Church in Peoria (Phoenix), Arizona. He is also the co-host of the weekly international podcast, The Wonder of Parenting: A Brain Science Approach to Parenting.

He has written several books including Searching for Tom Sawyer: How Parents and Congregations Can Stop the Exodus of Boys From Church and his two newest ebooks: Raising Sons in a #MeToo World and Raising Daughters in a #MeToo World. He has co-created with Michael several rites of passage programs for secular and faith-based families. He and his wife Jan have two children, five grandchildren, and two Dachshunds.

To register for the November 9 Stream Bold Gathering, visit www.boldgathering.com.

We’re asking for men’s groups to gather and watch this event together. Share what you hear and gather over breakfast or lunch. This is an LMM event, and they are always more impactful when experienced in community with other men.

If you can’t make it to a group to watch, register as an individual and watch from your own living room. A few days before the event you will be sent instructions on how to connect from your electronic device anywhere you have internet access.

Another option is to come and see the speakers live if you’re near San Antonio. With your on-site registration, you will get to meet the speakers and be provided with lunch.

Mark your calendar, register online and get a group of men together for Streaming Bold Gathering — San Antonio. Our six speakers will entertain, teach and challenge you to be a bold and daring follower of Jesus Christ.
Lutheran Men in Mission (LMM) is deepening its mission and commitment to Building Bold Daring Followers of Jesus Christ by working side by side with men and women in serving those who have suffered great loss at the hands of nature.

Once again, LMM is partnering with Lutheran Disaster Response (LDR) USVI to help 2017 hurricane victims recover in St. Croix and St. Thomas, both U.S. Virgin Islands. The work will primarily be related to rafters and roofing, including demolition and re-construction. Both men and women, as individuals or groups, are welcome to volunteer.

Volunteers who stay 15 days or more and work on homes 40 hours each of the two weeks will have their airfare, transportation, room and board paid for by the U.S. Federal Emergency Management Agency (FEMA). Volunteers are welcome for one-week trips, but will be responsible for their expenses.


For additional details regarding available remaining 2019 and 2020 dates, volunteering, registering and travel, please email Lon Buss at lon.buss@lutheranmeninmission.org.

LMM Helps Rebuild St. Croix and St. Thomas